

Resources collected during the September 3 Healthy Aging Series session on the Difference Between Isolation and Loneliness.

Behavioral Supports Ontario

[Home - www.behaviouralsupportsontario.ca](http://www.behaviouralsupportsontario.ca)

Case Community Services

905-216-2244

<https://casecommunity.org>

Elder Help Peel

905-457-6055

[Elder Help Peel – Empowering Seniors, Enriching Lives.](#)

Links2care

Info@links2care or <https://links2care.ca/program/friendly-visiting-socialization/>

905-844 - 0252

Mississauga Active Adults Centre

905-615-3207

<https://aacmiss.ca/>

Mississauga Halton Friendly Visiting

905- 278-3667/314

<https://www.mississaugahaltonhealthline.ca/listServices.aspx?id=10104>